RACQUET SPORIS

AT FLYING HORSE RESORT & CLUB

Our racquets program offers many fun, exciting play opportunities for tennis and pickleball. Whether you're looking for cardio, social interaction, a better understanding of the game, or looking to become an elite player, we are the club for you!



Kelly Baker (Head Racquet Sports Professional): 719-487-2606 Jon Lansing (Teaching Professional): 719-487-2626 1880 Weiskopf Point Colorado Springs, Co 80921 | FlyingHorseResort.com

PICKLEBALL + TENNIS

Why Pickleball?

- Small court size, but still a great workout
- Due to the more intimate setting, it is a very social sport, with frequent interaction
- Fast paced test of hand-eye coordination
- Easy on the body
- Satisfies cardio goals
- Simple, steep learning curve, only takes a few matches to be able to play
- Perfect for people of all ages to enjoy
- Pickleball is a great family activity

Come learn the fastest growing sport in the world with our Pickleball professionals!

Pickleball has come a long way since its humble beginnings in the backyard of a Whidbey Island home in San Juan Islands of Washington State back in the 60s. For decades, the sport existed in PE classes and other small venues until it started gaining national recognition in the early 2000s. Initially a sport played mostly by the "boomer" generation, pickleball has evolved and gained a wide acceptance due to its steep learning curve, social and physical benefits, and the inclusiveness of the sport's culture.

Today, you will see elite athletes cross training via pickleball and many racquet sports aficionados trading their racquets for paddles. It is truly a sport for all ages and athletic abilities. Now let one of our skilled Pickleball coaches guide you into this new journey!

Scan or Click to Sign Up



We love tennis + we love our members and guests who come stay and play with us. Tennis is a passion for our staff and we strive to make each experience at our club a memorable one.

We have something for all ages and levels, whether the tournament player or high level junior looking to get to the next level, or the new player, simply looking to live a longer, healthier life. Our friendly, knowledgeable pros will send you in the right direction on your tennis journey!

Scan or Click to Sign Up



IMPORTANT NOTES:

Weekly scheduled clinics for adults & juniors will be set at a rate of: \$24 per 60 minutes & \$36 per 90 minutes (with the exception of red ball). Sign up for the month & save over 10%!

THE PRO SHOP

Racquet Customization Labor

- Stringing \$20
- Guard replacement \$40

String Menu:

- Multifilament \$45
- Polyester \$40
- Synthetic Gut \$36

Tennis Equipment:

- Balls \$7
- Overwraps (pack of 3) \$12
- Replacement Grips \$15
- Demo Racquets \$7

Junior Racquets (ask your pro)

Pickleball Equipment:

- Paddles \$130-\$180
- Demo Paddles \$10

Special Orders

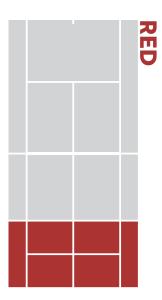
 Racquets, equipment, paddles, and shoes

*If you sign up for a Full Session, you are expected to be present at every drill. If you miss any days that session, you will be charged a drop-in rate instead of the discounted session rate.



Understanding

A quick look at Color Ball Training from the United States Tennis Association





BALL COLOR: RED

COURT SIZE: 36' x 18'

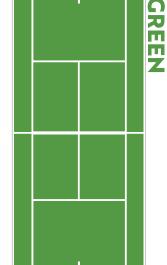
BENEFITS:

Lower Bounce and slow ball travel give players time and opportunity to take good swings. BALL COLOR: ORANGE

COURT SIZE: 60' x 21' Singles 60' x 27' Doubles

BENEFITS:

Balls move faster than Red but slower than Green and on a larger but fun and manageable court

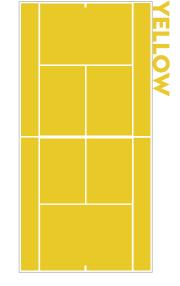


BALL COLOR: GREEN

COURT SIZE: 78' x 27' Singles 78' x 36' Doubles

BENEFITS:

Same size as the Full Yellow Court but with a green ball with a lower compression providing a slower bounce.



BALL COLOR: YELLOW

COURT SIZE: 78' x 27' Singles 78' x 36' Doubles

Welcome to what most would refer to as traditional tennis with the court, raquets, and balls used in most adult matches and professional play.

JUNIOR TENNIS CLINICS



🚺 ORANGE BALL

Future Stars

We work with developing footwork, grip and stance structure, as well as stroke production, in a fun, games based atmosphere. We are developing the ability to rally in this class.

Ages: 7 - 10

Days: Mondays & Wednesdays

Time: 4:15-5:15pm

Elite

These players are on the Varsity, L-6 and above pathway. Most of these players are playing 4-5 days a week, are taking private lessons and are involved in match play/tournament play 2 weekends a month.

Ages: 12+

Days: Mondays & Wednesdays **Time:** 5:15-6:45pm

YELLOW BALL

Jr. High & High School

These players are possibly playing JV for their HS teams or are aspiring to play L-7(novice) tournaments. They can generally serve, rally and keep score, and are able to do self directed play.

Ages: 14+

Days: Tuesdays & Thursdays **Time:** 5:30-7pm

GREEN BALL

Tourney Prep

These players are beginning to use strategy, are learning to serve and keep score, and can rally from the baseline.

Ages: 11 - 13

Days: Tuesdays & Thursdays

Time: 4:15-5:30pm

JUNIOR TEAM TENNIS

Junior Team Tennis is an 8 week program of practices and match play for all kids, ages 8 - 18 who want to play in a team atmosphere.

Teams are comprised of players of similar gender, age and skill. They compete with other teams from the same geographic region in one of four divisions: 10 & Under, 12 & Under, 14 & Under, and 18 & Under. Within these age divisions there are levels for beginner, intermediate, and advanced players.

The age division cut-off is the age of the player as of August 8, 2024. The format for Team Tennis is 2 singles and 1 doubles.

Pricing includes team shirt. Come join us for another exciting year of Junior Team Tennis!

IMPORTANT ADULT CLINIC NOTES:

- Currently, we bill clinics on a pay as you go model. You will not be billed for clinics not attended.
- Please use our signup genius app to sign your child up for classes they will attend.





LEARN TO PLAY

This is a class designed to get players started or back into the game after a hiatus. Emphasis is placed on fundamentals and joy of hitting the ball. All the while getting a good dose of cardio!

Days: Wednesdays & Thursdays | **Times:** Wednesdays: 7 - 8:30pm, Thursdays: 9 - 10:30am **Member Price:** Wednesday: \$24, Thursdays: \$36 | **Non-Member:** Wednesdays: \$34, Thursdays \$46



LIVE BALL

A heart pumping fast paced, calorie burning 90 minute session of live ball and drilling.

Days: Saturdays | Time: 10 - 11:30am | Member Price: \$36 | Non-Member Price: \$46



WOMEN'S 3.5 LIVE BALL

This is a fast-paced clinic which is open to all 3.5 team members and those rated 3.5 and above. Please contact Kelly for information.

Day: Wednesdays | Time: 8:30 - 10am | Member Price: \$36 | Non-Member Price: \$46



CARDIO TENNIS

A doubles point play clinic that is fast paced, emphasizes movement, teamwork and shot selection. Not for the faint of heart, these classes can burn 4-800 calories for a 1.5 hour class.

Day: Fridays | Time: 10:30am - 12pm



USTA LEAGUE

Join one of our USTA league teams and compete against other teams in the area at your level! We have teams for entry level players up to former college players. Request an evaluation by one of our pros and they'll guide to the proper team for you!! Men's and women's singles, women's, men's and mixed doubles are all represented by Flying Horse at the local and state level.

IMPORTANT ADULT CLINIC NOTES:

 All adult clinics are billed on a pay as you go basis. • Please use our signup genius app to signup for classes that you will be attending.

Additional Services

RACQUET SP,ORTS

TENNIS LESSONS/ PRIVATE CLINICS

Private and Group lessons are available for Raquet Sports by contacting the Tennis Professional of your choice!

HEAD PROFESSIONAL

Private: \$90 per hour

Semi-private:

- · 2 players \$50 ph/pp
- 3 players \$35 ph/pp
- 4-5 players \$27 ph/pp
- 6 players \$24 ph/pp

ASSISTANT PRO

Private: \$80 per hour

Semi-private:

- · 2 players \$45 ph/pp
- 3 players \$35 ph/pp
- 4-5 players \$27 ph/pp
- 6 players \$24 ph/pp

PICKLEBALL LESSONS/ PRIVATE CLINICS

Clinics/Lessons: \$24 ph/pp

Private: \$90 ph/pp

Semi-private:

- · 2 players \$45 ph/pp
- 3 players \$35 ph/pp

FOR USTA TOURNEYS

2024 Tournament Dates TBD Please visit Tennislink.com to view all of our USTA tennis tournaments.

TENNIS/PICKLEBALL BALL MACHINE

Tennis: Court fee plus \$15

Pickleball: \$20 per hour

Unlimited yearly ball machine passes are available for \$250 for Members.

TENNIS/PICKLEBALL COURT RESERVATIONS

Tennis: Indoor courts are \$28/hour and may be reserved for a minimum of 30 minutes and maximum of 90 minutes. Reservations must be made on the members only website or Flying Horse App, and may be made no more than 7 days prior to play. Outdoor courts are free for Members.

Pickleball: We have four outdoor and four indoor pickleball courts. Courts are available on a reservation basis. Reserve your court time through the Members-Only website or use the Flying Horse App.

TENNIS/PICKLEBALL NON-MEMBER COURT FEES

Non-Members will be charged a \$35 fee for use of the indoor or outdoor courts. Credit Card payment in advance applies.

ANNUAL UNLIMITED INDOOR TENNIS COURT PASS

If you are interested in getting a pass, please contact Kelly Baker at 719-487-2626 or you may email him at: kbaker@FlyingHorseClub.com

CANCELLATION POLICY

Please provide any cancellation by 5pm the day before your lesson to avoid the lesson fee being charged.

If canceling the day of your lesson and you are able to reschedule for the same week based on Pro's availability, you will avoid the lesson fee.

STAY & PLAY

We offer birthday parties, corporate racquet sports outings, and Stay and Play packages for out of town guests.

In addition to our world class racquet sports facilities, Flying Horse Resort & Club also boasts 5-star accommodations, incredible dining options and a full service spa! With that in mind, Flying Horse is the ultimate destination for your tennis or pickleball group looking for top-notch instruction, complimentary court time and an amazing array of amenities and services at your fingertips.

Our Racquet Sports Professionals are eager and ready to guide your group in organized play, clinics, or lessons. From groups sized small to large, our Pros will make sure your stay is filled with fun and joy!

Rates are dependent upon group size, services requested and duration of stay. Contact our Head Racquet Sports Professional, Kelly Baker at kbaker@flyinghorseclub.com for specific information on pricing for your group!

Professional Staff

RACQUET SPORTS



KELLY BAKER

Head Racquet Sport Professional kbaker@FlyingHorseClub.com | 719-487-2606

Kelly comes to us with years of experience as the Director of Tennis at country clubs around the nation to include Missouri, Pennsylvania, Texas, South Carolina and Oregon. He has lead tennis at The Duke Faculty Club and The Penn State Tennis Center. He is an Elite Professional with U.S.P.T.A and also served as a U.S.T.A verifier in the past. Kelly is a passionate advocate for using tennis and pickle ball as a means to live a longer, healthier life, and looks forward to running a well-rounded program with something for all levels.

Kelly has a unique style of teaching, a combination of technique and strategy that is often presented in fun games-based activities, tailored to the person/ group that he is helping. His wealth of knowledge, experience and passion on and off the court will be a tremendous asset to our Tennis and Pickleball programming as he leads our operation.

Kelly has been married to Roan, his "better half" for 16 years. Roan is a horse trainer, artist, and avid tennis player. The Bakers are very excited to be a part of the Flying Horse family!



JON LANSING

Tennis Teaching Professional jlansing@FlyingHorseClub.com | 719-487-2626

Jon Lansing is from Cedar Rapids, Iowa and a graduate from Coe College, where he played Varsity Tennis and received his Bachelor of Arts in Economics and Religion. Jon has worked as a Tennis Coach at the Cedar Rapids Country Club coaching both children and adults. Jon's holistic approach to the game is appealing to all levels of play, allowing him to adapt to each individuals style of play.

ADDITIONAL CONTACTS: JAMIE BEARD - Athletic Club Director jbeard@flyinghorseclub.com

Registration



Name of Program(s)

Sessions

Dates Absent

Amount Paid:

Contact Info

Name:

Email:

Phone:

Member Number:

Credit Card Info (For Non-Members)

Card #:

Card Type:

Exp:

Zip:

CVV:

Signature

MEMBERS:

If you are a Member, please email: kbaker@flyinghorseclub.com to confirm registration for you/your child.

NON-MEMBERS:

If you are a Non-Member, **you must** fill out your contact and credit card information **before** attending any classes. Email your information to Kelly Baker or you may drop off your information in-person at the Athletic Club.

Signature or Signature of Guardian

Date

