



# SPA DINING

MORNING MENU | 7:00 am – 11:00 am

Please place your food and beverage order with the spa front desk attendant.

## CLASSIC BREAKFASTS

### EUROPEAN BREAKFAST - 26

*fresh baked pastry, charcuterie and fromage, fresh fruit, hardboiled egg*

### AVOCADO TOAST\* - 14

*wheat toast, sliced avocado, grape tomatoes, drizzled with evoo and served with one free range poached egg on a bed of arugula*

### RANCH HAND BREAKFAST\* - 21

*two free range eggs, honey cured bacon, savory sausage links, served with Flying Horse signature potatoes, and a biscuit topped with house-made sausage gravy*

### SMOTHERED STEAK BREAKFAST BURRITO - 22

*Flying Horse signature potatoes, free range scrambled eggs, aged cheddar, green chili*

### FLYING HORSE PANCAKES - 14

*maple syrup, whipped butter*

### FRESH FRUIT PARFAIT - 15

*melon and seasonal berries with Greek yogurt, mixed berry coulis and house-made quick bread*

### LOADED CATTLEMAN BOWL - 15

*Flying Horse signature potatoes, bacon, sausage, free range scrambled eggs, sausage gravy, aged cheddar*

### FOR OUR LITTLE RANCH HANDS

#### GREENHORN BREAKFAST\* - 14

*one free range egg, Flying Horse signature potatoes, choice of sausage or bacon, one pancake*

## À LA CARTE ITEMS

### FREE RANGE EGGS\* [2] - 5

### FRESH FRUIT - 9

### HONEY CURED BACON [3] - 7

### BISCUIT & COUNTRY GRAVY - 6

### CHOICE OF TOAST - 5

WHOLE GRAIN | WHITE | MARBLED RYE  
SOURDOUGH | ENGLISH MUFFIN

\*GLUTEN FREE BREAD AVAILABLE UPON REQUEST  
*served with butter and jam*

(GF) These items are gluten free or can be prepared gluten free.



All Spa Dining orders will be assessed a 25% service charge, 2.95% Retail Sales Fee (RSF), & 8.2% Local Tax Rate.  
\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF  
FOODBORNE ILLNESS



# SPA DINING

## N/A BEVERAGES

### SOFT DRINKS - 5

coke, diet coke, sprite, dr. pepper

### JUICE - 7

apple, cranberry, orange, grapefruit, pog, tomato

### ORGANIC HOT TEA - 7

peppermint tea, black tea, green tea

### LATTE OR CAPPUCCINO - 8

### FLYING HORSE BLEND COFFEE

CARAFE - 19 | CUP - 7



Flying Horse Coffee and Espresso is sourced locally from Barista, a local, small batch, micro roaster. We are proud to offer an exclusive single origin 2-bean blend consisting of Peruvian Fair-Trade Organic and Sumatra beans.

## RED WINE

Cabernet Sauvignon <b>SKYSIDE</b> <i>CA</i>	13		52
Malbec <b>TERRAZAS RESERVA</b> <i>ARG</i>	14		56
Pinot Noir <b>EVOLUTION</b> <i>OR</i>	15		60
Tempranillo <b>NUMANTHIA</b> <i>SP</i>	17		68

6 oz    Bottle

## BOTTLED BEER

<b>COORS LIGHT</b>	7
<b>BUD LIGHT</b>	7
<b>MICHOLOB ULTRA</b>	7
<b>AVERY'S WHITE RASCAL</b>	8
<b>HEINEKEN 0.0</b>	8
<b>MODELO ESPECIAL</b>	8
<b>LAGUNITAS IPA</b>	8
<b>STELLA ARTIOS</b>	8
<b>HARD CIDER, ROTATING SELECTION</b>	9

## WHITE WINE

Sauvignon Blanc <b>BABICH</b> <i>NZ</i>	11		44
Pinot Grigio <b>TIEFENBRUNER</b> <i>IT</i>	11		44
Chardonnay <b>SKYSIDE</b> <i>CA</i>	12		48
Rosé <b>THE BEACH</b> <i>FR</i>	12		48

6 oz    Bottle

## BUBBLY

Prosecco <b>LaMARCA</b> <i>IT</i>	10		50
<b>LaMARCA MIMOSA</b>	10		
Champagne <b>VEUVE CLICQUOT</b> <i>FR</i>	28		140
Champagne <b>VEUVE CLICQUOT ROSÉ</b> <i>FR</i>	34		170

6 oz    Bottle