



## 2024 KIDS' CABIN PARENT'S HANDBOOK

### PARENT'S HANDBOOK CHECKLIST

We look forward to seeing you and your family in the Kids' Cabin. Before you can sign up your child(ren) for the Kids' Cabin, please ensure that you have completed the following items:



#### MAKE SURE YOU ARE SIGNED UP FOR KIDCHECK.

If you haven't made a KidCheck account yet you can create one at: go.kidcheck.com

#### □ PURCHASE AN HOUR PACKAGE.

All purchased packages will be billed through your Member account or provided Credit Card information.

#### ☐ READ THE PARENT HANDBOOK COMPLETELY.

This guide will answer many of your Kids' Cabin questions or concerns.

### SIGN AND TURN IN THE WAIVER/RELEASE & PARENT HANDBOOK ACKNOWLEDGEMENT TO THE STAFF AT THE KIDS' CABIN.

If signed documents are not returned before your next scheduled reservation, Kids' Cabin deems the right to cancel your reservation and child(ren) cannot return until waiver and release has been turned in.





### **WELCOME!**



The Kids' Cabin staff is delighted to care for the children of Members and guests of Flying Horse Resort & Club while you enjoy The Athletic Club. We are committed to providing a safe, healthy and fun environment for your child. We provide stimulating activities to nurture and engage your children. Our staff members are chosen for their skill with children as well as their warmth and sensitivity to their needs.

Please review this information to ensure you understand how we run the Kids' Cabin. We want each visit to be a pleasant one for you and your child; therefore, we encourage your suggestions in order to make our program the best possible.

#### **HOURS**

Hours of Operation are strictly enforced and all children must be picked up promptly at the closing of Kids' Cabin to avoid a late pick up charge. No call, No Shows or habitual late pick ups can and may result in suspension of Kids' Cabin usage. Reservations are required. Each child(ren) is permitted in the Kids' Cabin for a maximum of 3 hours per 24-hour period. Late pickup will result in a \$5 charge per minute and suspension of Kids' Cabin usage.

#### **MONDAY - THURSDAY**

*3 time blocks offered* 

8am-11am | 11:30am-2:30pm | 3pm-6pm

#### **FRIDAY & SATURDAY**

4 time blocks offered

8am-11am | 11:30am-2:30pm | 3pm-6pm | 6pm-9pm\*

\*with Date Night reservation





#### **KIDS' CABIN CLOSURES**

The Kids' Cabin will close early if there are no reservations by 4pm (Monday - Thursday) or by 6pm (Fridays and Saturdays). A notification will also be sent out via KidCheck and Club push notification if we deem inclement weather.

Please contact front desk to inquire about dates and availability of scheduled monthly Date Nights. Kids' Cabin will close early if there are no reservations.

### **KIDCHECK + RESERVATIONS**

Parent/Guardian must remain on Flying Horse Resort & Club property at all times during the child's visit to the Kids' Cabin and must indicate on the KidCheck where they will be in case of emergencies. NO EXCEPTIONS.







#### SIGN-IN ON KIDCHECK

Parent/Guardian must sign child(ren) in & out at check-in stand and fill out a Waiver/Family Information Form. Written arrangements must be made with the Kids' Cabin staff ahead of time for the child(ren) to leave with someone other than the adult who brought them.

#### **RESERVATIONS**

Time Block reservations are available one day in advance at 7am and close day of prior to the start of the time block. Reservations are required through the Flying Horse Club app or Members Only website.

All time blocks are by reservation only. No walk-ins are permitted.

Cancellation Policy: Members are required to call at least 12 hours in advance or use the mobile app to cancel their reservation to avoid a no show fee (\$15).



### **PRICING**



#### **DROP-IN COSTS:**

Ages 6 Months - 12 Years

\$12 per hour (member) \$15 per hour (non-member/lodge guest) or \$36 per time block per child

#### **DATE NIGHT FEE:**

\$42 per child for the 3 hr time block (unless Member has hour pack).

#### **NO SHOW FEE:**

A no show fee of \$15 will be incurred for all reservations that are not canceled at least 12 hours prior to the selected reservation time.

#### **LATE PICK-UP FEE:**

Children are strictly limited to three hours per day per child. You will be charged \$5 per minute for any time over the three hour maximum stay per child.

#### HOURLY PASSES OFFER LOYAL MEMBER PRICING

We offer 10-hour and 100-hour passes. **These passes expire one year after purchasing them.**Charges occur on the hour. Members can not apply hour packs to other member, guest or non-member. (Example: If a child stays longer than 15 minutes the full hour will be applied.)

#### **10-HOUR PASS**

**\$80 (\$8 per hour)** Without the passes, each time block will cost \$36 per child and Date Night time blocks will cost \$42 per child.

#### **100-HOUR PASS**

\$600 (\$6 per hour) The hour passes can be used for Date Nights as well.





It is the responsibility of the Member to notify the Athletic Club Manager by emailing enoonan@FlyingHorseClub.com if they wish to purchase another hour pack pass prior to expiration. Otherwise, drop in rates will apply. Parents are responsible for tracking your own hours.

### **GOOD HEALTH GUIDELINES**



We want to provide a healthy environment, please do not send your child to Kids' Cabin if he or she is having any of the following symptoms:

- Yellow or green colored nasal discharge
- Fever of 100 degrees or higher
- Vomiting two or more times in the past 24 hrs
- Diarrhea: Three or more watery stools within the past 24 hrs
- A rash not associated with diapers or heat
- Sore throat and/or swollen glands
- Severe uncontrolled coughing
- Discharge in or around the eyes
- Stomach ache/abdominal pain: If the pain is severe or appears after an injury or if the child has symptoms in addition to stomach ache (fever/diarrhea/jaundice, etc.)
- Symptoms of a possible communicable disease (sniffles, red eyes, sore throat, headache, abdominal pain, fever and/or skin spots, bumps or patches)

If any of the above symptoms are identified during your child's stay in the Kids' Cabin, the parent/guardian will be immediately notified and should be prepared to remove the child from the facility. If a child without any of these symptoms still appears ill, the parent/guardian will be notified and asked to remove the child from the area. The Kids' Cabin team has the right to use discretion when informing parents of the above guidelines and proceeding with exclusion from the Kids' Cabin pertaining to the health and safety of all children in our care.





Your child may return to the Kids' Cabin when He/She is symptom free for 48 hours without the use of medications.

### GUIDANCE/DISCIPLINE



Our desire is to help children learn solid values. We do so by developing positive relationships with the children. When clear, consistent and age-appropriate limits are present, children become increasingly responsible for themselves.

If necessary, we will discipline the children using redirection, solution-oriented options, positive affirmation and individual consequences on a **three-strike system**.

#### 1. VERBAL WARNING

We make sure the child understands that the behavior is wrong and redirect to another activity.

#### 2. "TIME OUT"

Child will be placed in a time out in a safe, lighted, well-ventilated area and be within sight and hearing of an adult for the duration equal to the child's year.

#### 3. ONE-ON-ONE TALK

Child receives a one-on-one talk with the Supervisor/Manager on Duty.

#### **DISRUPTIVE BEHAVIOR**

In the event that a child continues to be disruptive in any way that the Kids' Cabin staff deem harmful or unacceptable, an Incident Report will be filled out and signed by the parent/guardian. After three Incident Reports on the same child, that child will not be allowed to return to the Kids' Cabin no less than three months after the last recorded incident.

Children will not be subjected to physical (spanking, hand slaps, pinching, shaking, punching, biting, kicking, rough handling, hair pulling) or emotional harm or humiliation by staff or other children. If any of these behaviors occur, immediate disciplinary action will be taken and an Incident Report will be filled out.





#### REPORTING PROTOCOL

The Club at Flying Horse has a zero tolerance for abuse and/or neglect of any children in our care and will be reported immediately to the authorities.

If you have any questions regarding Kid's Cabin please contact:

The Athletic Club Manager: Erin Noonan at 719-487-2602 or ENoonan@FlyingHorseClub.com

### **GENERAL INFORMATION**



#### **MEDICATION**

No medication will be administered by the Kids' Cabin staff. Parent/Guardian may return and give medication if necessary.

#### DIAPER CHANGING STATION

There is a Changing Station located in the restroom outside the Kids' Cabin and also in the Baby Room inside the Kids' Cabin.

Please provide diaper changing supplies if you want Kids' Cabin staff to change a diaper. **No diaper cream will be applied without written permission.** 

#### FOOD/DRINKS

Snacks are welcome in the Kids' Cabin but **must be nut free** as we have children who are severely allergic. Non-staining closed container drinks are allowed but must be given to Kids' Cabin staff at check-in. Water is available upon request.

#### **TOY CLEAN-UP**

All toys will be sprayed down with sanitizer after each time block. Toys that come in contact with a child's mouth will be washed immediately after use. Each toy will be individually cleaned by hand at the end of each day.

#### **SAFETY**

Your child's safety is of the utmost importance. We will do everything possible to keep your child from getting hurt. If a child is involved in an accident which results in injury, an Incident Report will be written, shared with, and signed by the parent/guardian.

#### WHEN A CHILD IS CRYING

We make every effort to calm your child when he/she is crying. However, after 15 minutes of consistent crying, we will locate you for assistance.

#### KID'S CABIN THEMED DATE NIGHTS

The Kids' Cabin offers fun themed Date Night activities for kids every Friday and Saturday evening. Each week will feature a different theme with fun new activities for children to participate in.

When checking in children to Kids' Cabin Date Night events, parents can give staff permission to order food for their children from the Athletic Grill for dinner! Staff will take food orders during check-in and any food allergies should be given at that time so staff can plan accordingly for snacks they may provide during the event.

We are honored to have the privilege of caring for your child(ren).







# 2024 KIDS' CABIN WAIVER, RELEASE, & PARENT HANDBOOK ACKNOWLEDGEMENT

MOVIE RELEASE (Please Initial):	
I hereby give my permission for my child(ren) to watch G rated movies at Kids' Cal will determine the appropriateness of specific PG movies, and movie titles will be made a showing. Alternate activities will be provided for children not viewing the movie.	•
PHOTO/RELEASE (Please Initial):	
I understand that during Kids' Cabin activities, photos are sometimes taken. They Flying Horse Resort & Club, such as brochures, newsletters, or on Flying Horse Resort & photographed and of those who are photographed, not all are necessarily featured in principle.	Club website. Not all children are
Please indicate whether or not your child has permission to be included in the photos tal is not a guarantee that your child's photo will be publicized. Children's names will never \( \subsection \) Yes \( \subsection \) No	
Please initial I have read, understand and agree to follow all information listed in the Parent Handbook.	
I have read and agree to the Waiver and Release statement. I have also read and agree to the Kids' Cabin Parent's Handbook of Policies and Procedures. I understand that this acknowledgement must be turned in prior to Kids' Cabin usage.	
Signature of all Parent(s)/Guardian(s)	Date:
Signature of all Parent(s)/Guardian(s)	Date: